





# ITEMS NEEDED FOR FORGOTTEN SOLDIERS OUTREACH "WE CARE" PACKAGES

Below is a list of items that we need on a regular basis to fill our packages.

This list is subject to change.

You can also find items on our Amazon wish list and have them shipped directly to us

https://www.amazon.com/hz/wishlist/ls/18B7ZCFLBPYYD?ref\_=wl\_share Please be sure to include your name and email address under gift section, so you can receive an acknowledgment

We appreciate all the items that we receive; however, we cannot ship aerosol cans, pork products, tobacco, lewd/pornographic materials or alcohol. We do not accept hotel toiletries, canned food, boxes of pasta, cereal or expired and/or used items.

# Toiletries/Hygiene \*\*(TRAVEL SIZE)\*\*

Baby Wipes Baby/Foot Powder
Dental Floss Tampons

Lip Balm/Chapstick Mouthwash

Hand Lotion Tissues (packets)

Shave Cream Packets Sunscreen
Shampoo Body Wash
Deodorant Bar Soap
Razors Q-tips

Toothpaste Body Wash
Dryer Sheets Laundry sheets

## **Additional Items**

Crew Socks
Scotch Heavy Duty

Scotch Heavy Duty Packing Tape

Insect Repellent Wipes

### **Food Items**

### Candy canes for Holiday "We Care" Packages

Trail Mix Sunflower Seeds Individual Crackers Fruit Roll Ups Beef Jerky/Sticks Rice Krispies Treats

Microwave Popcorn
Ramen Noodles
Candy/Gum

Dried Fruit Snacks Breakfast Bars

Individual Cookies Snack Bars

Protein Bars Soups (packets)

Foil Tuna & Salmon Packets Individual Packed Drink Mixes

Oatmeal/Grits Packages

Microwavable Ravioli & Mac & Cheese Individual Packages Nuts or Dried Fruit

Peanut Butter Cups (Jif to Go)

**Keto-Friendly Snacks**