



ITEMS NEEDED FOR FORGOTTEN SOLDIERS OUTREACH “WE CARE” PACKAGES

Below is a list of items that we need on a regular basis to fill our packages. This list is subject to change.

We appreciate all the items that we receive; however, we cannot ship aerosol cans, pork products, tobacco, lewd/pornographic materials or alcohol. We do not accept hotel toiletries, canned food, boxes of pasta, cereal or expired and/or used items.

Toiletries/Hygiene (prefer travel size)

Baby Wipes	Baby/Foot Powder
Dental Floss	Tampons
Lip Balm/Chapstick	Mouthwash
Hand Sanitizer	Lotion
Shave Cream Packets	Sunscreen
Shampoo	Body Wash
Deodorant	Bar Soap
Razors	Q-tips
Toothbrushes	Toothpaste
Conditioner	Tissues

Additional Items

Crew Socks
Insect Repellent Wipes
Scotch Heavy Duty Packing Tape
Snack and Sandwich Storage Bags
Hand Warmers

Food Items

Trail Mix	Sunflower Seeds
Individual Crackers	Fruit Roll Ups
Beef Jerky/Sticks	Rice Krispies Treats
Microwave Popcorn	Bagged Popcorn
Ramen Noodles	Candy/Gum
Dried Fruit Snacks	Breakfast Bars
Individual Cookies	Snack Bars
Protein Bars	Cup of Noodles
Foil Tuna & Salmon Packets	
Individual Packed Drink Mixes	
Oatmeal/Grits Packages	
Microwavable Ravioli & Mac & Cheese	
Individual Packages Nuts or Dried Fruit	
Peanut Butter Cups (Jif to Go)	

Revised 01/04/2022