



# ITEMS NEEDED FOR FORGOTTEN SOLDIERS OUTREACH “WE CARE” PACKAGES

Below is a list of items that we need on a regular basis to fill our packages. This is not a complete list and items are deleted and added based on need and requests from our recipients.

**We appreciate all the items that we receive; however, we cannot ship alcohol, aerosol cans, tobacco, lewd/pornographic materials or pork products.**

**We do not accept hotel toiletries or expired and/or used items.**

## **Toiletries/Hygiene (prefer travel size)**

Baby Wipes	Baby/Foot Powder
Dental Floss	Tampons
Lip Balm/Chapstick	Mouthwash
Hand Sanitizer	Lotion
Shave Cream Packets	Sunscreen
Shampoo	Body Wash
Tampons	Deodorant

## **Additional Items**

Crew Socks	Insect Repellent Wipes
Packing Tape	Puzzle Books (Small)

## **Food Items**

Foil Tuna Packs	Hot Chocolate
Trail Mix	Ramen Noodles
Microwave Popcorn	Sunflower Seeds
Snack/Breakfast Bars	Individual Crackers
Fruit Roll Ups	Foil Salmon Packs
Beef Jerky	
Individual Packed Drink Mixes	
Oatmeal/Grits Packages	
Microwavable Ravioli & Mac & Cheese	
Individual Packages Nuts/Dried Fruit	
Peanut Butter Cups (Jif to Go)	

Revised 05/20/2019